

**All Trekker Programs involve an application and selection process that requires initiative and dedication from the camper.** Following your application submission there are supplemental questions that your camper will need to complete on their own. They can be found in "forms" once an application has been submitted. Campers should answer questions honestly and thoughtfully. Deposit would be required only when accepted.

## **Trekker Tetons**

### ***EXPERIENCE. EXPLORE. LEARN. GROW.***

Welcome to Trekker Teton at CCO! We are excited to offer this program to campers between 16-17 years of age. This multi-state excursion will travel through National Parks and recreation areas within the Teton Range of the Rocky Mountains. Participants in this program will backpack for multiple days in Yellowstone National Park and complete day hikes in Grand Teton National Park in Wyoming. Backpacking locations are determined by permit availability (March each year). **Participants will only participate in day hikes in Grand Teton National Park.** YMCA of the Rockies - Camp Chief Ouray is an authorized permittee of Grand Teton National Park and Yellowstone National Park.

### ***SKILLS & LEADERSHIP***

Along the way of travel, campers in Trekker Teton will have opportunities to build skills and confidence, learn and practice group hiking etiquette, and Leave No Trace principles each day. Short day hiking locations in previous summers have included Dinosaur National Monument, Antelope Island State Park, and Craters of the Moon National Monument to name a few options. Backpacking locations have included Lone Stare campground and Wrangler Lake in Yellowstone National Park.

### ***OUTDOOR LIVING & COOKING***

All Trekker groups will either be base camping or backcountry camping during the duration of their program. Base camping allows the group to set up tents and kitchen in one area that they can then use as a "home base" for majority of their gear. Each day the group will only carry with them what is needed for that specific day and return to that campsite. Backcountry camping allows the group to bring on their backs everything that they will need - clothes, gear, food, tents and sleeping bags. This means that the group can move further into the wilderness to new campsites each day. They will be cooking on backcountry stoves and filtering their water.

### **TENTATIVE ITINERARY**

**Sunday:** Campers arrive, icebreakers, ROWDIE campfire, campout

**Monday:** Teambuilding, trip preparation and logistics, Leave No Trace, campout

**Tuesday- Wednesday:** Begin driving, stop along the way, campout

**Thursday:** Explore Yellowstone National Park visitor centers, pickup permits, campout

**Friday-Sunday:** Backpacking in Yellowstone National Park (location TBD)

**Monday:** Travel day, resupply, campout

**Tuesday-Wednesday:** Day hiking and camping in Grand Teton National Park

**Thursday:** Start drive back to Colorado, camping along the way

**Friday:** Drive back to CCO, debrief trip, clean gear and shower, camp dance, campout

**Saturday:** Campers leave. See you next year!

Interested? Have more questions? Contact the office at [chiefouray@ymcarockies.org](mailto:chiefouray@ymcarockies.org) or call 970-887-2648.

## Trekker Surf and Turf

Following your application submission there are supplemental questions that your camper will need to complete on their own. They can be found in "forms" once an application has been submitted. Campers should answer questions honestly and thoughtfully. Deposit would be required only when accepted.

### **EXPLORATION. ADVENTURE IN CALIFORNIA.**

Welcome to Trekker Surf and Turf at CCO! We are excited to offer this program to campers between 14-15 years of age. Campers will get the opportunity to explore natural areas in the Southwest United States and spend the weekend at YMCA Camp Surf in California. **This is a CCO camper family favorite and usually fills up quickly.** There is no level of experience required to participate. However, your camper should be able to hold their breath underwater, swim basic strokes, able to tread water and float, and be comfortable in the ocean. YMCA Camp Surf staff will guide water-based activities with CCO staff present. USLA certified Ocean Lifeguards will be on site in towers during times when campers are in the water.

### **SKILLS & LEADERSHIP**

Campers will learn about new places and environments through activities and exploration. Surfing and bodyboarding are offered by Camp Surf. Participants will have opportunities to listen to one another, resolve conflict, and value each other's contributions. CCO staff will encourage campers to take on roles and responsibilities aimed toward common group goals. Topics like Leave No Trace related to desert ecosystems, group travel and camping etiquette will be covered as well.

### **OUTDOOR LIVING & COOKING**

During the drive to and from YMCA Camp Surf the group will be base camping at established campsites and preparing all their meals on a two-burner camp stove. While at YMCA Camp Surf meals will be provided. CCO will communicate any camper dietary restrictions and food allergies to the Camp Surf team prior to their arrival in CA. This trekker group will bring tents and camp directly on the beach at Camp Surf.

### **TENTATIVE ITINERARY:**

**Sunday:** Campers arrive at CCO, icebreakers, pack for trip, ROWDIE campfire, campout

**Monday:** Depart CCO, drive to first campsite, campout

**Tuesday – Wednesday:** Camping and driving through CO, UT, AZ, CA

**Thursday - Saturday:** Arrive at Camp Surf, fun in the ocean, camp on the beach

**Sunday:** Leave Camp Surf by lunchtime; drive to campsite for evening, base camp

**Monday - Thursday:** Camping and driving through CA, AZ, UT, CO

**Friday:** Return to CCO, debrief, clean gear and shower, camp dance, campout

**Saturday:** Campers Leave. See you next year!

**\*There may be changes in the specific parks visited depending on campsite availability, daily driving distance, and other factors.**

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## Trekker Hike to Climb

Following your application submission there are supplemental questions that your camper will need to complete on their own. They can be found in "forms" once an application has been submitted. Campers should answer questions honestly and thoughtfully. Deposit would be required only when accepted.

### ***BACKPACKING. CLIMBING. GROWING CONFIDENCE.***

Welcome to Trekker Hike to Climb at CCO! We are excited to offer this program to campers between 15-16 years of age. Campers will participate in outdoor rock climbing, canyoneering, hiking and backpacking. The 5-day backpacking trip led by CCO staff will take place in the Flattops Wilderness of the White River National Forest of Colorado. The four days in Moab, Utah will consist of outdoor rock climbing and canyoneering (two half days and two full days) led by Desert Highlights, a professional guiding company.

Canyoneering is the exploration of a canyon from point A to point B using a range of techniques that include hiking, scrambling, sliding, rappelling, wading, and more. Desert Highlights will provide all technical gear such as harnesses, helmets, rappel devices, gloves and so forth. There is no level of experience required.

### ***SKILLS & LEADERSHIP***

Campers will learn basic outdoor rock-climbing techniques and vocabulary, along with rappelling, safety and emergency procedures. The group will explore areas like Pool Arch Canyon and Entrajo Canyon with Desert Highlights. There is no level of experience needed to participate. CCO staff will encourage campers to take on roles and responsibilities aimed toward common group goals. Topics like Leave No Trace related to desert ecosystems, group travel and camping etiquette will be covered as well.

### ***OUTDOOR LIVING & COOKING***

During the 5-day backpacking portion of this trip the group will be carrying everything they need on their backs and backcountry camping. Backcountry camping allows the group to bring on their backs everything that they will need - clothes, gear, food, tents and sleeping bags. This means that the group can move further into the wilderness to new campsites each day. They will be cooking on backcountry stoves and filtering their water.

During the four days of outdoor rock climbing and canyoneering the group will be base camping in Moab, UT with access to established campsites near facilities and water refill stations. They will cook all of their meals on a two-burner camp stove.

Camp Chief Ouray is an equal opportunity service provider and employer and operates under special use permit from the USDA Forest Service, White River National Forest.

### **TENTATIVE ITINERARY:**

**Sunday:** Campers arrive at CCO, icebreakers, pack for trip, ROWDIE campfire, campout

**Monday:** Drive to Moab, UT, Leave No Trace, campout

**Tuesday-Friday:** Rock climbing and canyoneering in Moab, with Desert Highlights, base camping

**Saturday:** Sightseeing around Moab (Arches National park or Canyonlands National Park), base camping

**Sunday:** Drive to Flattops Wilderness, campout at trailhead

**Monday-Thursday:** Backpacking in the Flattops Wilderness, backcountry camping

**Friday:** Drive back to CCO, debrief trip, clear gear and shower, camp dance, campout

**Saturday:** Campers leave. See you next year!

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## Trekker Camp Marrowbone

Following your application submission there are supplemental questions that your camper will need to complete on their own. They can be found in "forms" once an application has been submitted. Campers should answer questions honestly and thoughtfully. Deposit would be required only when accepted.

### ***DISCOVERY. SERVICE.***

Welcome to Trekker Camp Marrowbone at CCO! We are excited to offer enrollment to campers between 14-15 years of age. Formally known as the Sioux YMCA, the YMCA of the Seven Council Fires will host this group as they experience an enriching program learning about the Cheyenne River Sioux Tribe Reservation. Participants will spend five days fully immersed in the camp culture, take part in service-learning projects, and enjoy camp activities with local youth and community members. Following summer, a letter of service hours will be provided from CCO, upon request only.

### ***SKILLS & LEADERSHIP***

This program is best suited for campers who have an interest in service-learning work and building community relationships. Campers will learn about the organization's mission, vision, history, and impact across the Cheyenne River Sioux Tribe Reservation – their day camp and overnight YMCA programs. During this cultural exchange experience the group will spend between 8-10 total hours assisting with hands-on work projects. Summer 2024 participants helped dig holes for new cabin construction, maintenance of the archery range, and general cleaning and trash disposal around Camp Marrowbone.

### ***OUTDOOR LIVING & COOKING***

During the drive to and from YMCA of the Seven Council Fires the group will be base camping at established campsites and preparing all their meals on a two-burner camp stove. Upon arrival in South Dakota meals will be provided until the group departs. At Camp Marrowbone the group will experience rustic camp living. CCO will communicate any camper dietary restrictions and food allergies prior to their arrival in South Dakota. This Trekker group will be traveling with tents for sleeping.

### **TENTATIVE ITINERARY:**

**Sunday:** Campers arrive, ice breakers, ROWIDE campfire, campout

**Monday:** Low ropes, team building, Leave No Trace, pre-trip orientation with YMCA, campout

**Tuesday:** Depart CCO, drive to Grayrocks Reservoir WY, campout

**Wednesday:** Drive to Dupree, SD, attend presentation at Eagle Butte Cultural Center (TBD), stay in YMCA Community Center lodging

**Thursday-Monday:** Time in Dupree (day camp programs) and at Camp Marrowbone (overnight camp programs) work projects, cultural learning, and activities (swimming, archery, etc.)

**Tuesday:** Depart in morning, visit Mount Rushmore and Crazy Horse National Monument, drive to French Creek Camping Area, campout

**Wednesday-Thursday:** Visit Badlands National Park, Visit Wind Cave National Park (TBD- tours were closed in 2024) campout

**Friday:** Drive back to CCO, debrief trip, clean gear and shower, camp dance, campout

**Saturday:** Campers leave

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